

# TRAUMA-INFORMED CARE FOR AT-RISK PRESCHOOLERS

**What leads to a healthy sense of well-being in young children? Important factors include safety, predictability and having a caring adult in their lives. When those factors are missing or there's trauma, adverse events or a high level of stress over time, it can lead to negative effects on brain growth, developmental skills, academic performance and even increased health problems later in life.**

***The Trauma-Informed Care System With At-Risk Preschool Children Program* provides children the opportunity to thrive in spite of trauma and other challenges.**



## **Goals:**

- Support caregivers who are parenting children with a history of trauma.
- Intervene to identify and help address areas of concern in the child's skill development, relationships, and behaviors both in and out of the home.
- Encourage increased resiliency in both child and caregiver.

## **Did you know?**

The return on investment in early childhood programs, like this one, ranges from \$4 to \$9 per dollar invested.\*

## **Services:**

- **In-home assessment** of the child's skills including how they function socially and emotionally and their communication skills within the family.
- Development of an **intervention plan** with the family and social worker to identify areas of concern and then set goals and strategies.
- **Caregiver education** about the effect of high stress and trauma on typical development and adaptive strategies that can create an enriching environment.
- **Caregiver support** to manage emotions, teaching the importance of self-care.

- **Home visits** twice a month to observe the child's overall behavior and participation in family routines. Coaching to problem solve for individualized solutions.
- **Consultations** with other caregivers or service providers: childcare providers, schools, counselors, home visitors, etc.

## Early Intervention Helps Improve Local Communities

Research\* shows effective early childhood education programs provide long-term community benefits. They are credited with reducing crime, welfare, and educational remediation as well as increasing tax revenues because participating children have higher incomes as adults.



## Who Can Enroll?

If you have questions or to learn eligibility requirements for your county or to enroll, contact us at 262-548-7333.

## About LSS:

Lutheran Social Services is a nonprofit agency that has been dedicated to transforming the lives of children and families for more than 100 years through a variety of programs and services: developmental evaluation services, early intervention, parenting support, coaching and counseling. We're here to help. 262-548-7333

