



Parent Café

Parent Café's are an educational opportunity for parents to come together and deal with the stressors, worries, and challenges of parenting in a supportive environment.

Parent Cafes are centered on three themes:

- 1. Taking Care of Yourself**
- 2. Being a Strong Parent**
- 3. Building Strong Relationships with Your Children**

Parent Café's are an opportunity to establish relationships with other parents, exchange thoughts and feelings about being a parent and learn new parenting techniques and tools.

FREE Childcare and dinner provided!

2014 Dates:

February 25, 2014
April 1, 2014
June 3, 2014
August 5, 2014
October 7, 2014
December 2, 2014

**All Cafes are from
5:30 pm-8:00 pm**

Location:

Center For Excellence
N4W22000 Bluemound Rd
Waukesha, WI 53186

**To RSVP and Register for
Childcare, call
262-521-0317**

Sponsored by:

Waukesha County
Human Services &
Waukesha Head Start