



2012 Caregiver Intermission Program

The *Caregiver Intermission Program* is a collaborative, intergenerational program developed by the Aging and Disability Resource Center of Waukesha County, the Elmbrook Church Senior Adult Ministries and the Beyond Books - Home School Program. This is an intergenerational program of art, music and conversation, gives the family caregiver and their care receiver an opportunity to share a meaningful and memorable event together. Each will reap the benefits of love, laughter and supportive activities.

**The 2012 Caregiver Intermission Program will be held on:
The 1st Thursday of the following months
March 1, April 5, May 3, June 7, August 2, September 6 and October 4
11:00 am - 2:00 pm
Elmbrook Church
777 S. Barker Road in Brookfield
Room B-200 Quad**

Rear entrance-the door is by the outdoor playground

There will be three activity periods, which will allow seniors and their caregivers to interact in a meaningful way together with volunteer adults and children.

11:00 - 11:30 AM Gathering/Ice-breaker activity
11:30 - 12:15 PM Morning Activity: Memory Craft/Reminiscing/Sing Along
12:15 - 1:00 PM Group lunch and discussion.
1:00 - 2:00 PM Afternoon Activity: TimeSlips - Creative Storytelling Activity
Drumming/Rhythm Circle

Caregiver and Care Receivers will be gently guided and assisted by loving volunteers. This is a "No Stress" Zone, place your worries away!

Come with an open heart and be filled with lots of smiles and love.

Suggested Donation: \$5 per couple, to offset the cost of supplies.
Please make checks out to the "*Aging and Disability Resource Center of Waukesha County*".

Pre-registration is required. You may register by calling the Aging and Disability Resource Center of Waukesha County (Aimee Henry) at (262)-548-7835.

**This program is made possible by
Elmbrook Church Senior Adult Ministries,
Beyond Books Home School Program
The Aging and Disability Resource Center of Waukesha County and
The National Family Caregiver Support Program Grant**