



Helping Older Adults Stay Independent

The Active Aging Research Center (AARC) is looking for older adults (and their caregivers, if available) to participate in an upcoming research study to see if technology can help them continue to live independently.

This federal research study is a partnership between the University of Wisconsin-Madison, the Aging and Disability Resource Center of Waukesha County, and the State of Wisconsin.

What is the technology?

AARC has created a safe, secure, and easy-to-use system that offers both computer and community centered support. It was made to address key areas that may help older adults stay independent, such as:

- **Preventing** falls, social isolation, and loneliness.
- **Improving** family and caregiver communication, medication and side effects awareness, access to transportation and driving information.

How could this benefit me?

Your participation may help you and other older adults live independently, now and in the future. Some participants will have an opportunity to try this new technology.

What will it cost me?

Nothing. There is no cost to participate in the study, other than your time.

I'm interested in learning more.

Contact your local Study Coordinator:

Christa Glowacki

Waukesha County Study Coordinator
ADRC of Waukesha County
500 Riverview Ave.
Waukesha, WI 53188
Phone: (262) 548-7838
Email : cglowacki@waukeshacounty.gov

Is this study for you?

If you are:

- 65 or older;
- live in your own home or apartment;
- a resident of Waukesha county;
- and interested in learning more

Call Christa Glowacki at **(262)-548-7838** to see if this opportunity is right for you!