



# 2025 Health Screening Program

Details Inside

## Waukesha County 2025 Health Screening Program

### New This Year

The 2025 Health Screening Program (Formerly Health Risk Assessment (HRA) Program) is remaining the same as the 2024 program. However, the Waukesha Employee Health & Wellness Center will be changing Patient Portals. This means all participants will need to register for the new Marathon Health Portal for this program.

### 2025 Health Screening Program Overview

The Health Screening Program is voluntary for employees and spouses enrolled in the County's health insurance. It consists of completion of a biometric screening to earn the health plan incentive for 2026. The biometric screening blood draw includes a lipid panel, HbA1C, complete metabolic panel, and PSA for men over 50, and the measurements include height, weight, and blood pressure.

The program will run from **March 1, 2025, through September 30, 2025.**

Each participant will be assigned a month to complete the screening at the Waukesha Employee Health & Wellness Center (WEH&WC) **based on the first letter of the employee's last name**, as outlined below:

First Letter of Employee's Last Name	Screening Month
A - F	March
G - I	April
J - L	May
M - O	June
P - R	July
S - T	August
U - Z	September

**Medical Exemption:** If you, or if applicable your spouse, have a medical exemption, please see the **Medical Exemption** section in this document.

**Alternate Completion Options:** If you, or if applicable your spouse, would prefer to utilize your provider or missed your assigned screening month for the Biometric Screening Visit at the Waukesha Employee Health & Wellness Center, please see the **Additional Options for Biometric Screening Completion** section in this document.

Continue reading for more information on how to participate in this program, including:

- How to Register
- How to Schedule Biometric Screening Appointment
- Important Information for the Biometric Screening Appointment
- How to Review Biometric Screening Results
- Medical Exemption
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- New Hires / Qualifying Event Enrollees During 2025
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## How to Register

First, you will need to register for the Patient Portal. This will be where you can schedule your biometric screening appointment and review your results.

Important: You, and if applicable your spouse, must register for the new Marathon Health Portal.

***If you have already created your account with the new Marathon Health Portal, you can skip this step.***

Complete the steps below to register for the Marathon Health Portal. Eligible spouses will need to register separately. Note: You cannot sign up until your County medical plan insurance is effective.

1. Go to [my.marathon.health](https://my.marathon.health)
2. Click 'Register My Account'
3. Enter the following information to verify your identity:
  - First and Last Name
  - Email Address (For a spouse, the email needs to be different from the employee's)
  - Social Security Number\*
  - Date of Birth
  - Home Address
  - Phone Number
4. Under the 'Marathon Health Access' section:
  - In the 'Register as' drop down, select either Employee or Spouse
    - If you select Employee, in the field for Employee's Employer, type 'Waukesha County'
    - If you select Spouse, enter the following information *for the Employee*: First Name, Last Name, Social Security Number\*, Date of Birth, and type 'Waukesha County' in the field for Employee's Employer
5. Click 'Submit' and follow the remaining steps to create your password and complete your account setup. (After you submit your information, Marathon Health will review their eligibility records to ensure accuracy and confirm your eligibility.)

\*Note: While it is not required to register, entering the Social Security number (SSN) will improve the registration and account creation process and give you immediate access.

**Issues:** If you have issues accessing your account, or need additional help, please contact Marathon Health's Patient Support Team at (866) 434-3255. In the mobile app, you can also click 'Contact Patient Support Team' at the bottom of the login screen, which will provide a button to call Marathon Health.

**Forgotten Password:** Once you have registered, if you have forgotten your password or username to the Marathon Health Portal, click 'Forgot Password?' near the 'Sign In' button on the login page, and follow the steps.

**Mobile App:** Download the Marathon Health mobile app by visiting [marathon.health/mobile](https://marathon.health/mobile) or searching for 'Marathon Health' in the App Store or Google Play.

**About Portal:** For more information on the Patient Portal, visit: [wehwc.com/home/patient-portal](https://wehwc.com/home/patient-portal)

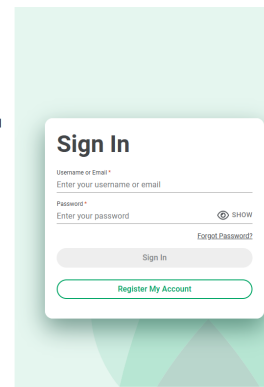


The Marathon Health patient portal and mobile app are quick and easy ways to manage your healthcare needs.

- Appointment Scheduling:** Book appointments with your provider
- Video Visits:** Meet virtually with your care team
- Messaging:** Communicate securely with your care team
- Medications:** Manage your prescriptions and request refills
- Health Records:** Easily access your medical records
- Download now:** [iOS](#) and [Android](#)

Access is limited to eligible individuals and their family members who have partnered with Marathon Health through an employer, union group, or on their own.

Need help? Contact us at 866-434-3255.



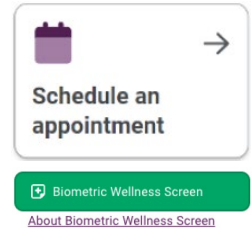
## How to Schedule Biometric Screening Appointment

Once you are signed into the Marathon Health Portal, you can schedule your biometric screening appointment at the Waukesha Employee Health & Wellness Center for your assigned month. Appointments are required, walk-ins will not be accepted.

**Please be sure to schedule your appointment for your assigned month early and as soon as possible to ensure you get your preferred date/time - the schedule is open through September.**

You can schedule a biometric screening appointment through one of the following methods:

- **Online:** Login to the Marathon Health Portal online or through the mobile app, click the **'Schedule an appointment'** button, and select **'Biometric Wellness Screen'** as the reason for your visit.
- **Phone:** Call the WEH&WC at (262) 896-8420 and ask to schedule a biometric screening appointment for the County's Health Screening Program.



*Note: If you, or if applicable your spouse, would prefer to utilize your provider or missed your assigned screening month for the Biometric Screening Visit at the Waukesha Employee Health & Wellness Center, please see the **Additional Options for Biometric Screening Completion** section in this document.*

## Important Information for the Biometric Screening Appointment

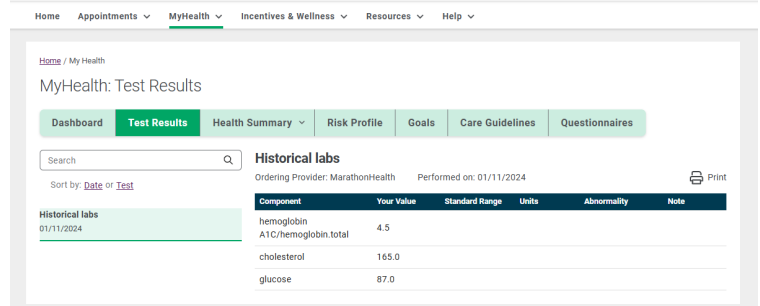
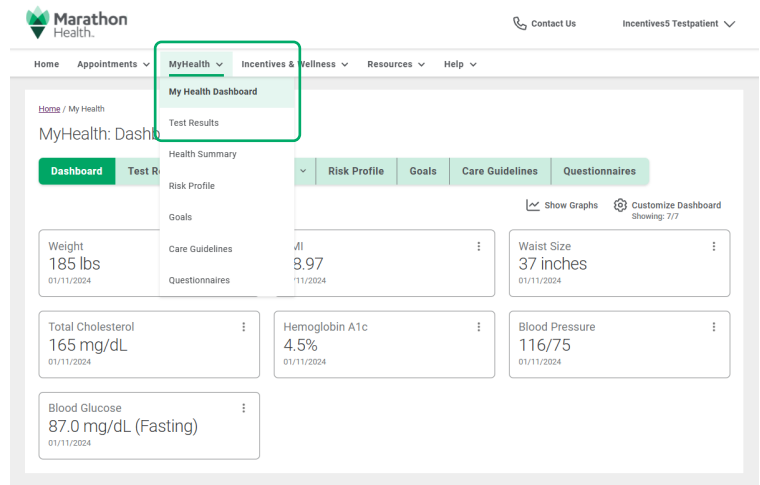
### How to prepare:

- Drink plenty of water in the 24 hours prior to your appointment.
- Fasting for your biometric screening appointment is optional. You will be asked whether or not you have fasted at the time of your blood draw; be sure to indicate whether you have or have not fasted to ensure the most accurate results. If you plan to fast, do not eat for 8 hours prior to your appointment.
- The Waukesha Employee Health & Wellness Center is located at 615 W Moreland Blvd, Waukesha, WI 53188, and has designated patient parking. Please arrive to your appointment 5 minutes early so you are ready at your scheduled appointment time.
- The biometric screening blood draw includes a lipid panel, HbA1C, complete metabolic panel, and PSA for men over 50, and the measurements include height, weight, and blood pressure.

## How to Review Biometric Screening Results

Results will be available in the Patient Portal after your biometric screening appointment.

- **To view results (labs and biometrics),** once logged into to your Patient Portal, from your home screen click **'My Health'** in the navigation bar, then select **'My Health Dashboard'**. Here you can see a summary of your most recent results. To see your full lab results, click **'Test Results'**. You can also print your results from this page.



While not required, you or your spouse are encouraged to schedule a follow up visit (at the WEH&WC or with your PCP) to review your results and determine best next steps to reach your individual health goals.

## Medical Exemption

If you, or if applicable your spouse, have a medical condition that might limit participation in the Health Screening program, you can use the Health Screening Program Exemption Form for your physician to complete. These forms are available at [waukeshacounty.gov/HRA](http://waukeshacounty.gov/HRA).

## Additional Options for Biometric Screening Completion

If you, or if applicable your spouse, would prefer to utilize your provider or missed your assigned screening month for the Biometric Screening Visit at the Waukesha Employee Health & Wellness Center, you have 3 additional ways to complete the Biometric Screening, listed below.

- **WEH&WC Annual Preventive Physical Visit:** Complete your biometric screening during an Annual Physical visit at the Waukesha Employee Health & Wellness Center (WEH&WC). *Please Note: Annual physical appointment availability may be limited, please schedule early to ensure you are able to be seen prior to the deadline.*
  - **Required Form:** Biometric Screening - Provider - Certification of Completion Form
  - **Cost:** There is no cost for this visit.
  - **Dates:** Screenings completed at the WEH&WC during an Annual Physical visit between January 1, 2025 - September 30, 2025, will be accepted.
- **LabCorp Location:** Complete your biometric screening at a local LabCorp location.
  - **Required Form:** Biometric Screening - LabCorp - Certification of Completion Form
  - **Cost:** Costs may apply based upon your plan and deductible status.\*
  - **Dates:** Screenings completed at LabCorp between March 1, 2025 - September 30, 2025, will be accepted
- **Outside Provider:** Complete your biometric screening during a visit with an outside provider.
  - **Required Form:** Biometric Screening - Provider - Certification of Completion Form
  - **Cost:** Costs may apply based upon your plan, deductible status and type of visit.\*
  - **Dates:** Screenings completed with an outside provider between January 1, 2025 - September 30, 2025, will be accepted.

Participants completing their biometric screening through one of the methods above will need to return their Certificate of Completion Form to Human Resources by September 30, 2025.

For details and required forms, visit [waukeshacounty.gov/HRA](http://waukeshacounty.gov/HRA).

To learn more about each option, go to: [bit.ly/countyscreeningoptions](http://bit.ly/countyscreeningoptions)

\*You can expect that you will be required to pay for the cost of the lab work and possibly an office visit. To avoid the costs, employees and spouses are encouraged to complete the screening through one of the no cost options: either through a biometric screening appointment at the WEH&WC during their assigned month, or at the WEH&WC during an annual physical visit.

## New Hires / Qualifying Event Enrollees During 2025

Newly hired employees and employees enrolling for the first time due to a qualifying event, will have an opportunity to complete the Health Screening Program during their 30-day window as a new hire or qualifying event. These individuals should reach out to Human Resources at that time for information.

## Health Plan Incentives for 2026

Participation in the Health Screening Program in 2025 will be used towards health plan incentives in 2026. The exact health plan incentive for 2026 have not been determined and could be different from the current incentives. Incentives will be communicated during open enrollment for 2026. In prior years, participation has impacted the premium cost share under the Choice Plus health plan and the amount of the County contribution to the Health Savings Account for those in the High Deductible health plan. The Health Screening Program only applies to employees and spouses enrolled in the health insurance.

## **Notice Regarding Wellness Program Online Form**

All employees and spouses wishing to complete the Health Screening Program should review and complete the consent form. Participants may complete the consent online via [waukeshacounty.gov/HRA](http://waukeshacounty.gov/HRA).

## **Information & Forms**

Information about the program and all forms are available at [waukeshacounty.gov/HRA](http://waukeshacounty.gov/HRA)

## **Questions**

Questions regarding the Health Screening Program should be directed to Human Resources at (262) 548-7044 or via [hrbenefits@waukeshacounty.gov](mailto:hrbenefits@waukeshacounty.gov).

If you need assistance with the Patient Portal, please contact Marathon Health's Patient Support Team at (866) 434-3255.