



# Resource Family Connection

## News, Events, and Information Benefiting the Children of Waukesha County

### March and April, 2023



### Explore the Universe Fun Activities at the Planetarium

Looking to get out of the house, but it is Wisconsin and the weather changes every minutes? Take a trip off of Planet Earth and learn about our amazing galaxy with these shows at the Planetarium!

*Where:* Horwitz-DeRemer Planetarium, S14W28167 Madison St, Waukesha, WI

*For Additional Information:* <https://sdw.waukesha.k12.wi.us/o/planetarium>

### Forward! To the Moon

Kari Byron from "Crash Test World" and "MythBusters" launches us on a journey beyond the Earth towards a sustainable future in space. NASA's 21st century Artemis program, named after the Greek moon Goddess and twin of Apollo, is the next step in our mission to explore the universe and land the first woman and person of color on the surface of the Moon.

*Date:* Saturdays, March 4, 11, 18, 25, 2023

*Time:* 1:00 p.m.

*Cost:* (No cost stated online, but suggested to plan for \$4.00 per person since that is what the other shows with costs state)

### A Teenager's Guide to the Galaxy

Created and hosted by cosmically curious teenagers from Milwaukee schools, this unique cosmic experience takes you on a dynamic journey across the universe and through time. Science topics include: black holes, cosmology - origins and fate of the universe, star cycles, Sun, Earth origins and history, water origins and chemistry.

*Date:* Wednesday, March 15, 2023

*Time:* 11:00 a.m.

*Cost:* \$4.00 per person (under 2 years old free)

### Dynamic Earth

Narrated by actor Liam Neeson, the show explores the inner workings of Earth's climate system. With visualizations based on satellite monitoring data and advanced supercomputer simulations, this cutting-edge production follows a trail of energy that flows from the Sun into the interlocking systems that shape our climate: the atmosphere, oceans, and the biosphere. Audiences will ride along on swirling ocean and wind currents, dive into the heart of monster hurricane, come face-to-face with sharks and gigantic whales, and fly into roiling volcanoes.

*Date:* Saturdays, April 1, 8, 15, 29, 2023

*Time:* 1:00 p.m.

*Cost:* (No cost stated online, but suggested to plan for \$4.00 per person since that is what the other shows with costs state)

### SAVE THE DATE! 2023 Annual Caregiver Zoo Event

Open to Waukesha County Foster and Kinship Families! Invitations will be sent in March!

*Where:* Milwaukee County Zoo, 10001 W. Bluemound Rd, Milwaukee, WI

*Date:* Sunday, May 7, 2023



### Informational and Training Opportunities

#### Waukesha County Foster Parent Information Sessions

Open to Waukesha County residents interested in learning more about foster care in our community. Also required for any new foster parents. If you are a two-parent household, both parents must attend. The information sessions will be held virtually using Microsoft Teams.

*Date:* Wednesdays - March 8, April 12, 2023

*Time:* 6:00 p.m. - 7:00 p.m.

*Date:* Thursdays - March 23, April 27, 2023

*Time:* 12:00 p.m. - 1:00 p.m.

MARCH is  
NATIONAL SOCIAL WORK MONTH



*For Additional Information and to Register:* [www.wcfostercare.com](http://www.wcfostercare.com)

#### Grandparents Raising Grandchildren Peer Support

Bringing together grandparents of all ages and backgrounds across Waukesha County who are raising their grandchildren. This group provides a platform for grandparents to share their unique experiences and challenges with each other and provide an opportunity to gain support and gather helpful information.

Free childcare and activities provided by Healing Hearts of Waukesha.

*Where:* Waukesha County Health and Human Services Center, 514 Riverview Ave, Waukesha, WI

*Date:* Wednesdays - March 15, April 19, 2023

*Time:* 6:30 p.m. - 7:30 p.m. (Free dinner served at 6:00 p.m.)

*For Additional Information and to Register:* Contact Linda Senger at 262-548-7698 or [lsenger@waukeshacounty.gov](mailto:lsenger@waukeshacounty.gov).

#### Prenatal Exposure Training for Foster/Adoptive/Kinship Parents

10-11% of all children and 80% of children in or adopted from foster care are impacted by prenatal exposure to alcohol or drugs. Prenatal exposure to alcohol is the leading cause of intellectual disability in the world. Recognize traits and learn strategies to best support these children.

\$20 gift card awarded to participants completing all 3 online training sessions.

#### Training Group #1:

Session 1: Saturday, March 11, 2023

Session 2: Saturday, March 18, 2023

Session 3: Saturday, April 29, 2023

*Time:* 9:00 a.m. - 10:30 a.m.

#### Training Group #2:

Session 1: Thursday, March 9, 2023

Session 2: Thursday, March 16, 2023

Session 3: Thursday, April 27, 2023

*Time:* 6:00 p.m. - 7:30 p.m.

*To Register:* [Bit.ly/PETparent2023](https://bit.ly/PETparent2023) (note: link is case sensitive!)



## Let's Cook! Banana Peanut Butter Bites

By: [sugarbeecrafts.com](http://sugarbeecrafts.com)

Need a small boost in the afternoon, but also want it to be super simple? Try bananas with peanut butter! BUT WAIT! Make it even more fun by adding a sprinkles and a stick! Everything tastes better on a stick!

### Ingredients:

- \* Peanut Butter
- \* Banana, Cut Into Slices
- \* Mini Chocolate Chips
- \* Sprinkles (Optional, but, are they really?!)
- \* Mini Popsicle Sticks

### Instructions:

1. Put a glob of peanut butter on top of a banana slice.
2. Top with chocolate chips and sprinkles.
3. Insert popsicle stick.
4. Pat yourself on the back for being awesome!



## Let's Cook! Fruity Frozen Yogurt Bites

By: [tablespoon.com](http://tablespoon.com)

Fro-Yo and Fruit - Does it get any better than that? Oh yes it does - with this crazy easy recipe! And even better that you can make these whatever flavors you want!

### Ingredients:

- \* 5 6oz Containers of Yoplait Original Yogurt - 1 of Each Flavor: Strawberry, French Vanilla, Key Lime Pie, Lemon Burst, and Mountain Blueberry
- \* 6 Tbsp Each: Raspberries, Diced Mango, Diced Pineapple, Diced Kiwifruit, Blueberries
- \* Recipe says "paper" baking cups - but we think that if you have silicone, that may be easier on you

### Instructions:

1. Place a baking cup in each of 30 miniature muffin cups.
2. Spoon 2 Tbsp yogurt from each container into baking cups, filling 5 minutes cups from each container.
3. Sprinkle 1 Tbsp fresh fruit on top of each miniature cup of yogurt to match colors: Raspberries on the strawberry yogurt, pineapple on the lemon burst yogurt, mango on the French vanilla yogurt, kiwifruit on the Key lime pie yogurt and blueberries on the mountain blueberry yogurt.
4. Place muffin pan in freezer about 2 hours or until firm.
5. Remove baking cups when ready to serve.



## Let's Craft! Rainbow Jellyfish

By: [craftsbyamanda.com](http://craftsbyamanda.com)

### What You'll Need:

- \* 2 1/2" Styrofoam Balls (1 ball for 2 jellyfish)
- \* Yellow Paint
- \* Metal or Wood Ruler
- \* Pipe Cleaners in Various Bright Colors
- \* White Craft Glue
- \* String
- \* Googly Eyes
- \* Toothpick



### What You'll Do:

1. Paint the Styrofoam balls yellow and let them dry.
2. Use ruler to cut Styrofoam balls in half.
3. Wrap pipe cleaner around a small paintbrush/pen/pencil and then slide the paintbrush/pen/pencil out. Stretch out the coil. You can use a larger paintbrush for larger coils.
4. Turn ball-half upside-down and insert five pip cleaners into the flat side.
5. Use a toothpick to poke a small hole in the center of the top of the ball (round side).
6. Fill hole with some glue and use toothpick to push string into the hole for the hanger.
7. Glue on googly eyes.
8. Let everything dry before hanging.

## Let's Craft! Marble Painted Shamrocks

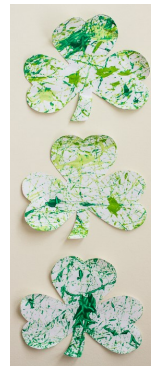
By: [plainvanillamom.com](http://plainvanillamom.com)

### What You'll Need:

- \* Shamrock Shapes Cut Out Of Cardstock (or regular paper, but you'll probably prefer the cardstock!)
- \* Plastic Bin Large Enough to Fit Your Shamrocks Flat Down
- \* Marbles
- \* Acrylic Paint in Shades of Green and Yellow/Gold

### What You'll Do:

1. Place shamrock in plastic bin.
2. Add a few squirts of paint on the shamrock and drop in the marbles.
3. Put the lid on (I mean - you don't HAVE to do this, but it's definitely advised! HA!).
4. SHAKE SHAKE SHAKE IT UP!!
5. Remove the lid.
6. Admire your work and laugh at the mess in the bin.
7. Allow the paint to dry.
8. Hang up your unique masterpieces!



### Contact Numbers:

#### Foster Care Social Workers:

Waukesha County Health & Human Services  
262-548-7212

Michelle Lim, Foster Care Supervisor  
262-970-4761

Cassie BeLow ..... 262-896-8574  
Stephanie Engle..... 262-548-7424  
Rhonda Klinger ..... 262-548-7240  
Jennifer Mantei ..... 262-548-7250  
Evelyn Mosso ..... 262-548-7254  
Brittany Sutton ..... 262-548-7262

#### Case Management Social Workers:

Angie Sadler, Ongoing Social Work Supervisor  
262-548-7272

Denise Hegberg, Ongoing Social Work Supervisor  
262-548-7754

Jennifer Eiler, Ongoing Social Work Supervisor  
262-548-7260

Jamie Carter ..... 262-548-7264  
Kimberly Dudzik ..... 262-548-7347  
Megan Fishler..... 262-896-8570  
Abbey Girman..... 262-548-7695  
Abby Hudson-Ramirez

..... 262-548-7298  
Emily Kerr ..... 262-548-7239  
Nicole Laird ..... 262-548-7265  
Jessica Larsen ..... 262-548-7346  
Maria Maurer ..... 262-548-7345  
Jessica Palmersheim 262-896-8281  
Cindie Remshek..... 262-548-7281  
Elizabeth Russo ..... 262-548-7349  
Kim Sampson..... 262-548-7273  
Linda Senger..... 262-548-7698

Children's Mental Health Outreach  
262-548-7666

Medical Emergency: 911

Family Emergency: 211 or 262-547-3388



If an Allegation of Abuse or Neglect has been made against you, please call:

FASPP  
Norma Schoenberg  
920-922-9627